



## SPECIAL DIETS

Student Name: \_\_\_\_\_

I follow a specialized diet as indicated.

Below is a sample weekly meal plan of the foods that I typically eat.

**Vegetarian**

**Pescatarian**

**Vegan**

**Gluten-Free**

**Halal**

**Kosher**

**Lactose-Free**

(cannot accept Celiac Disease)

**Other** \_\_\_\_\_

|           | Monday | Tuesday | Wednesday | Thursday | Friday | Weekend |
|-----------|--------|---------|-----------|----------|--------|---------|
| Breakfast |        |         |           |          |        |         |
| Lunch     |        |         |           |          |        |         |
| Dinner    |        |         |           |          |        |         |
| Snacks    |        |         |           |          |        |         |