



## MEDICAL HEALTH FORM

**Student Last Name(s):** \_\_\_\_\_ **First Name(s):** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ **Weight:** \_\_\_\_\_ **Height:** \_\_\_\_\_  
 day / month / year

I/We confirm that the information on this Medical Health form is a true representation of my/our child's mental, emotional and physical health at the time of application. I/We understand that if his/her situation should change prior to arrival in Canada I/we must inform CISS MLI of the changes, to enable CISS MLI to confirm if any necessary support is possible.

Parent #1: \_\_\_\_\_

Parent #2: \_\_\_\_\_

**EMERGENCY MEDICAL/DENTAL INSURANCE:****\*\* MANDATORY \*\***

All students must have adequate insurance coverage. Some school districts/schools require the student to be covered by the school issued insurance

Student will purchase insurance through:

**CISS MLI (unless mandatory through school)**

**On own\* (unless mandatory through school)**

\* if on own - CISS MLI will require a copy of the policy and student must have a credit card for up-front payments. The student must understand the process to apply for reimbursement.

**ALLERGIES:** Please list all allergies and the effects (if more, please provide on separate page):

| Allergy | Reaction | Life-Threatening? |    | Medication |
|---------|----------|-------------------|----|------------|
| _____   | _____    | Yes               | No | _____      |
| _____   | _____    | Yes               | No | _____      |
| _____   | _____    | Yes               | No | _____      |

Does student require use of an EPI-PEN for allergies?

Yes No

Can student self-inject an EPI-PEN if possible?

Yes No

Please list any medication(s) that the student should NOT take?

\_\_\_\_\_  
 \_\_\_\_\_

**A. HISTORY OF ILLNESS**

Does the student have, or has the student had, any of the following:

Illnesses/conditions:

| Yes                      | No                       |                      |
|--------------------------|--------------------------|----------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Appendicitis         |
| <input type="checkbox"/> | <input type="checkbox"/> | Appendix removed     |
| <input type="checkbox"/> | <input type="checkbox"/> | Asthma               |
| <input type="checkbox"/> | <input type="checkbox"/> | Covid-19             |
| <input type="checkbox"/> | <input type="checkbox"/> | Diabetes             |
| <input type="checkbox"/> | <input type="checkbox"/> | Diphtheria           |
| <input type="checkbox"/> | <input type="checkbox"/> | Epilepsy             |
| <input type="checkbox"/> | <input type="checkbox"/> | Hepatitis (any form) |
| <input type="checkbox"/> | <input type="checkbox"/> | Operation for Hernia |
| <input type="checkbox"/> | <input type="checkbox"/> | Malaria              |
| <input type="checkbox"/> | <input type="checkbox"/> | Measles              |
| <input type="checkbox"/> | <input type="checkbox"/> | Migraines            |
| <input type="checkbox"/> | <input type="checkbox"/> | Mumps                |

| Yes                      | No                       |                          |
|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Parasites                |
| <input type="checkbox"/> | <input type="checkbox"/> | Pertussis                |
| <input type="checkbox"/> | <input type="checkbox"/> | Pneumonia                |
| <input type="checkbox"/> | <input type="checkbox"/> | Poliomyelitis (Polio)    |
| <input type="checkbox"/> | <input type="checkbox"/> | Rheumatic Fever          |
| <input type="checkbox"/> | <input type="checkbox"/> | Rubella (German Measles) |
| <input type="checkbox"/> | <input type="checkbox"/> | Scarlet Fever            |
| <input type="checkbox"/> | <input type="checkbox"/> | Tuberculosis             |
| <input type="checkbox"/> | <input type="checkbox"/> | Typhoid                  |
| <input type="checkbox"/> | <input type="checkbox"/> | Varicella (Chicken Pox)  |
| <input type="checkbox"/> | <input type="checkbox"/> | Vertigo/Dizziness        |
| <input type="checkbox"/> | <input type="checkbox"/> | >> Other                 |

Disease, impairment or abnormality of:

| Yes                      | No                       |                           |
|--------------------------|--------------------------|---------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Blood or Endocrine System |
| <input type="checkbox"/> | <input type="checkbox"/> | Bones or Joints           |
| <input type="checkbox"/> | <input type="checkbox"/> | Brain or Nervous System   |
| <input type="checkbox"/> | <input type="checkbox"/> | Ears or Hearing           |
| <input type="checkbox"/> | <input type="checkbox"/> | Eyes or Sight             |
| <input type="checkbox"/> | <input type="checkbox"/> | Genito-Urinary System     |
| <input type="checkbox"/> | <input type="checkbox"/> | Heart or Blood Vessels    |
| <input type="checkbox"/> | <input type="checkbox"/> | Lungs, Respiratory System |
| <input type="checkbox"/> | <input type="checkbox"/> | Other Abdominal Organs    |
| <input type="checkbox"/> | <input type="checkbox"/> | Skin (Acne, Eczema, etc.) |
| <input type="checkbox"/> | <input type="checkbox"/> | Stomach/Digestive System  |
| <input type="checkbox"/> | <input type="checkbox"/> | Tonsils, Nose or Throat   |

Please give a full description of any condition listed as YES, providing details for care/treatment and/or date of illness/last episode. A separate sheet can be attached:



## MEDICAL HEALTH FORM

**B. MENTAL & EMOTIONAL HEALTH**

The mental and emotional well-being of students is of extreme importance to CISS MLI. As custodians of the student, we need to meet the needs of each student at the academic, social and homestay level. Failure to disclose emotional or mental issues that affect your child is not only a disservice to everyone involved, but may lead to a withdrawal from our programme if the care of your child is found to be greater than what can be provided within our programme. We ask for honesty so we can accurately confirm support.

1) Has the student ever been tested for or diagnosed with a Cognitive Learning condition such as:

| Yes                      | No                       |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

ADD - Attention Deficit Disorder

ADHD - Attention Deficit Hyperactivity Disorder

Other: \_\_\_\_\_

| Yes                      | No                       |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

Dyslexia

Disgraphia

Discalculia

2) Does the student suffers from or has the student received counselling for:

| Yes                      | No                       |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

Anorexia Nervosa

Anxiety

Asperger's Syndrome

Autism Spectrum Disorder

Avoidant/Restrictive food intake disorder

| Yes                      | No                       |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

Bipolar Disorder

Bulimia Nervosa

Depression

Drug or alcohol dependency

Gender Dysphoria

| Yes                      | No                       |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

Obsessive-Compulsive Disorder

Orthorexia

Post-traumatic Stress Disorder

Premenstrual Dysphoric Disorder

Severe mood swings

|                          |                          |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
|--------------------------|--------------------------|

Any other mental, emotional or behavioural condition: \_\_\_\_\_

3) Has the student ever inflicted or tried to inflict self-injury (suicide attempt, cutting)

No Yes

4) Has the student experienced any personal traumatic events that may cause emotional or behaviour issues

(ex. divorce, severe illness or death in the family or of a friend, personal accident)

No Yes:

**! If any above is YES, a supplemental CISS MLI Medical Details form will be required to provide full details, treatment plan and medications required currently and while in Canada. CISS reserves the right to impose conditions to a student's accept based on required support.**

**C. MEDICATION & PHYSICAL ACTIVITY**

1) Other than medications for allergies already listed, is the student currently taking medication that will be required to be taken also in Canada? Please ensure all medications come with original label, dosage instructions and a translation into English.

No Yes:

| Name of medication | Is this prescription? or available in store? | Dosage |
|--------------------|----------------------------------------------|--------|
|                    |                                              |        |
|                    |                                              |        |
|                    |                                              |        |

2.) **Recommendation for general physical activity in school or participation on a sport team?**

Full physical activity including physical education classes with no issue or modifications

Modified activity because of \_\_\_\_\_

# MEDICAL HEALTH FORM

## D. HISTORY OF IMMUNIZATIONS/VACCINATIONS:

\* Submit a translated copy of student's official immunization record \*

**IMMUNIZATION RECORDS will be submitted to the provincial HEALTH UNIT in the city of study.**

**HEALTH UNIT may require missing immunizations be received or suspension may be issued until student is complaint.**

Review may take place at any time during the school year, not necessarily at the start in September or February

NOTE: this is accurate as of February 2025. Changes to required immunizations may be advised by provincial health units anytime prior or during the student programme

1) Please indicate the **date, month and year** of all immunizations/vaccinations received by the student.

| Vaccine                                                                                                         | Dose1 (dd/mm/yyyy)             | Dose2 (dd/mm/yyyy) | Dose3 (dd/mm/yyyy) | Dose4 (dd/mm/yyyy) | Dose5 (dd/mm/yyyy) | Dose6 (dd/mm/yyyy) |
|-----------------------------------------------------------------------------------------------------------------|--------------------------------|--------------------|--------------------|--------------------|--------------------|--------------------|
| <b>Mandatory for school attendance*</b>                                                                         |                                |                    |                    |                    |                    |                    |
| DTaP-IPV or individually<br>+last dose must be in last 10 years<br>Polio OPV may not be accepted<br>( IPV OPV ) | <b>Diphtheria+</b>             |                    |                    |                    |                    |                    |
|                                                                                                                 | <b>Tetanus+</b>                |                    |                    |                    |                    |                    |
|                                                                                                                 | <b>Pertussis+</b>              |                    |                    |                    |                    |                    |
|                                                                                                                 | <b>Polio</b>                   |                    |                    |                    |                    |                    |
| MMR, MMRV or individually<br>MMR: 1st dose no earlier than 12m old<br>for students born 2010 or later           | <b>Measles</b>                 |                    |                    |                    |                    |                    |
|                                                                                                                 | <b>Mumps</b>                   |                    |                    |                    |                    |                    |
|                                                                                                                 | <b>Rubella</b>                 |                    |                    |                    |                    |                    |
|                                                                                                                 | <b>Varicella</b>               |                    |                    |                    |                    |                    |
| 2 types of                                                                                                      | <b>Meningococcal conjugate</b> | Type C             | Type ACYW          |                    |                    |                    |
| <b>Other (not mandatory)</b>                                                                                    |                                |                    |                    |                    |                    |                    |
| <b>Human Papillomavirus (HPV)</b>                                                                               |                                |                    |                    |                    |                    |                    |
| <b>Haemophilus influenzae type B (Hib)</b> - may be part of DTaP-IPV-Hib                                        |                                |                    |                    |                    |                    |                    |
| <b>COVID-19:</b>                                                                                                |                                |                    |                    |                    |                    |                    |
| <b>Tuberculosis</b>                                                                                             | Mantoux                        | OR                 | BCG **             |                    |                    |                    |

NOTES:

\* **Ontario schools require all vaccinations listed under Mandatory.** Other provinces strongly recommend vaccinations but may consider non-vaccinated students or students without all vaccines above. Non-vaccinated applicants must inquire first with CISS MLI.

\*\* The BCG vaccine may produce a positive result in a test for Tuberculosis. Canadian high schools may test incoming students for Tuberculosis, and the BCG is not a guarantee of immunity. Students testing positive for Tuberculosis may be required to have a chest x-ray or prove that he/she does not have Tuberculosis, or in some cases may be required to take medication. The cost of the x-rays or medication must be paid by the student as medical insurance will not pay these costs.

2) In the event that the health unit assigned to your child's file requires a **mandatory vaccination**, do you give permission for a health practitioner from the health unit to administer the vaccination to your child? CISS MLI will provide all necessary information and details prior to the appointment.

NOTE: failure to comply with the provincial vaccine requirements for province of study can lead to a mandatory suspension by the public Health Unit and School Board, until the vaccine requirements are met, or proof of immunity through a blood test is provided.

YES we agree to vaccinations being given in Canada  
and will be in agreement with decisions made by CISS MLI

NO, do not provide vaccinations  
I will determine case-by-case our decision and understand  
there may be consequences for our choices if uncompliant

## FOR PHYSICIAN

In my opinion, the general state of the student's health is:

Excellent      Good      Fair      Poor

In my opinion, the general mental health of the student is:

Excellent      Good      Fair      Poor

I, the undersigned, have reviewed the medical history of the applicant, including the immunization history listed above, have given a thorough physical examination of the applicant, and certify that all important medical information has been noted on this form and that nothing relevant has been omitted. **If immunization record is incomplete** I have advised that vaccine or vaccine booster may be required, to meet the medical requirements in the province of study.

|                      |  |                         |
|----------------------|--|-------------------------|
| Physician Signature: |  | Physician Seal or Stamp |
| Physician Name:      |  |                         |
| Date:                |  |                         |
| Physician Address:   |  |                         |