

# CERTIFICATE OF HEALTH

(Please type or print)

Student's Name: \_\_\_\_\_

Home Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

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## TO BE COMPLETED BY A MEDICAL DOCTOR

Has the applicant suffered from any of the following? Indicate by checking the box in the appropriate column for YES or NO.

	YES	NO		YES	NO
Allergies	—	—	Malaria	—	—
Appendicitis	—	—	Pneumonia	—	—
- has his/her appendix been removed?	—	—	Rheumatic Fever	—	—
Asthma	—	—	Scarlet Fever	—	—
Cancer tumours	—	—	Tuberculosis	—	—
Convulsive Disorders	—	—	Typhoid Fever	—	—
Diabetes	—	—	Typhoid Disease	—	—
Epilepsy	—	—	Serious or Persistent Cough	—	—
German measles	—	—	Serious or Persistent Headaches	—	—
Hepatitis	—	—	Migraine	—	—
Hernia	—	—	Ulcer	—	—
- has he/she been operated for hernia?	—	—	Vertigo, Dizziness	—	—
- if yes, successful?	—	—			
<b>Any disease, impairment or abnormality of:</b>					
Eyes or Sight	—	—	Other abdominal Organs (Liver, Kidney, etc)	—	—
Ears or Hearing	—	—	Skin (Acne, etc.)	—	—
Tonsils, Nose or Throat	—	—	Lungs, Respiratory System	—	—
Have his/her tonsils been removed?	—	—	Brain or Nervous System	—	—
Stomach or Digestive System	—	—	Blood or Endocrine System	—	—
Genito-Urinary System	—	—	Other _____	—	—
Heart or Blood Vessels	—	—			

Height \_\_\_\_\_ Weight \_\_\_\_\_

Pulse rate \_\_\_\_\_ Is pulse rhythm normal? \_\_\_\_\_

Blood pressure: Systolic \_\_\_\_\_ Diastolic \_\_\_\_\_

Are papillary and knee reflexes normal? \_\_\_\_\_

What is the applicant's vision: Without eyeglasses? OD \_\_\_\_\_ OD \_\_\_\_\_

With eyeglasses? OD \_\_\_\_\_ OD \_\_\_\_\_

Please give full information (including dates and details) about every disease or impairment mentioned in any of these questions.

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Has the applicant ever been hospitalized? Yes \_\_\_ No \_\_\_

If yes, please give date, diagnosis and outcome of each illness or accident: \_\_\_\_\_

\_\_\_\_\_

Is the applicant currently taking any oral medication? Yes \_\_\_ No \_\_\_      Injected medication? Yes \_\_\_ No \_\_\_  
Other Medication? Yes \_\_\_ No \_\_\_

If yes, please give name(s) of medication(s), diagnosis and indicate when treatment will be discontinued:

\_\_\_\_\_

Does the applicant have a history or present evidence of nervous, emotional or mental abnormality? For example, is there any history of enuresis, nervous breakdown, nervous fatigue, recurrent nightmares, sleepwalking, stammering, stuttering or other similar conditions? Yes \_\_\_ No \_\_\_

If yes, please give details and current status: \_\_\_\_\_

Does the applicant have a history or present evidence of any emotional or eating disorder? Yes \_\_\_ No \_\_\_

If yes, please give details and current status: \_\_\_\_\_

\_\_\_\_\_

Has the applicant ever consulted a neurologist, psychiatrist, psychologist or any other specialist in nervous or emotional or eating disorders? Yes \_\_\_ No \_\_\_

If yes, please give details: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Does the applicant have any health limitations or do you know of any pertinent medical information which is important for the International Program to know, should the applicant be considered for placement abroad? Yes \_\_\_ No \_\_\_

If yes, please comment fully: \_\_\_\_\_

\_\_\_\_\_

Will the applicant need any orthodontic care during the coming year? Yes \_\_\_ No \_\_\_

If yes, attach a statement from the orthodontists, indicating present status, exact care essential to the orthodonture and date care will be completed.

Has the applicant any history or present evidence of any allergy? Yes \_\_\_ No \_\_\_

Type of allergy (e.g. eczema, hives, hay fever, asthma or other) \_\_\_\_\_

Allergen (food, drug, pollen or other) if known \_\_\_\_\_

Frequency of symptoms \_\_\_\_\_

Duration of symptoms (hours? Days?) \_\_\_\_\_

When were the last symptoms (month and year)? \_\_\_\_\_

Describe symptoms in detail and indicate severity \_\_\_\_\_

\_\_\_\_\_

In the past year has the applicant received for the allergy(ies):

a) injected medications (give names, dosages and dates) \_\_\_\_\_

b) oral medication (give names, dosages and dates) \_\_\_\_\_

Please indicate any treatment for allergy(ies) expected during the coming two years by means of:

a) injected medications (give names, dosages and dates) \_\_\_\_\_

\_\_\_\_\_

b) oral medication (give names, dosages and dates) \_\_\_\_\_

\_\_\_\_\_

Has the applicant had asthma? (if so, give details and dates) \_\_\_\_\_

\_\_\_\_\_

When will allergy treatment and medication be entirely discontinued? \_\_\_\_\_

How long has the applicant been your patient? \_\_\_\_\_

In my opinion the general state of the applicant's health is (check one)

Excellent \_\_\_      Good \_\_\_      Fair \_\_\_      Poor \_\_\_

Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Name of Physician (type or print)

\_\_\_\_\_  
Degree

\_\_\_\_\_  
Address                      Street

\_\_\_\_\_  
Date of examination

\_\_\_\_\_  
Postal Zone    City    Country

## Immunizations

The following Immunizations are the minimum required for acceptance into North American high schools. Depending on the individual school policy, further immunizations may be required

1. DIPHTHERIA/TETANUS – 3 dates plus current booster within last 10 years.

\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_  
 month/day/year      month/day/year      month/day/year      month/day/year

2. POLIO – one of the two series of vaccinations: Trivalent Oral Polio Vaccine – 3 dates plus booster

\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_  
 month/day/year      month/day/year      month/day/year      month/day/year  
 OR      Inactivated Polio Vaccine (Salk – 4 dates plus booster

\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_  
 month/day/year      month/day/year      month/day/year      month/day/year

3. MEASLES (Rubeola) – 2 dates, on or after first birthday

\_\_\_\_\_
\_\_\_\_\_  
 month/day/year      month/day/year

4. MUMPS – 2 dates, on or after first birthday

\_\_\_\_\_
\_\_\_\_\_  
 month/day/year      month/day/year

5. RUBELLA – 2 dates, on or after first birthday

\_\_\_\_\_
\_\_\_\_\_  
 month/day/year      month/day/year

6. HEPATITIS B – 3 dates

\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_  
 month/day/year      month/day/year      month/day/year

Has this student received the BCG Vaccine for Tuberculosis No \_\_\_ Yes \_\_\_ : date \_\_\_/\_\_\_/\_\_\_ . If Yes, please note that this may produce a positive result in a test for Tuberculosis.

**WE HEREBY CERTIFY THAT THE INFORMATION GIVEN IN THIS CERTIFICATE OF HEALTH IS COMPLETE AND ACCURATE TO THE BEST OF OUR KNOWLEDGE AND BELIEF.**

\_\_\_\_\_
\_\_\_\_\_
\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 Signature of Physician      Name of Physician (print or type)      month day year

\_\_\_\_\_
\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
\_\_\_\_\_  
 Signature of father or legal guardian      month day year      signature of mother or legal guardian

**PERMISSION FOR MEDICAL CARE AND RELEASE**

We, as the applicant’s parents or legal guardians, agree to authorize the Custodial Parent to act for us in any emergency, accident or illness during the period of time the student is with the International Program. This covers the period from when the student boards transportation in the home country until the student leaves the return transportation in the home country.

\_\_\_\_\_
\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_
\_\_\_\_\_  
 Signature of father or legal guardian      month day year      signature of mother or legal guardian