



CISS VANCOUVER

Global English at Capilano University

2019

| | MONDAY July 1 | TUESDAY July 2 | WEDNESDAY July 3 | THURSDAY July 4 | FRIDAY July 5 | SATURDAY July 6 | SUNDAY July 7 | |
|-------------|-----------------------|---|---|---|---|--|---|---------------------------------------|
| WEEK 1 (A1) | July 1 | July 2 | July 3 | July 4 | July 5 | July 6 | July 7 | |
| MORNING | ARRIVALS | ESL Testing/Classes | Language Classes | Language Classes | Language Classes | Language Classes | FULL DAY EXCURSION: VANCOUVER CITY TOUR VANCOUVER AQUARIUM, STANLEY PARK | |
| AFTERNOON | | Skills Workshop: Self-Awareness | HALF DAY EXCURSION: Deep Cove Adventures | Skills Workshop: Adaptability | HALF DAY EXCURSION: Granville Island | Skills Workshop: Critical Thinking | | |
| EVENING | | Leisure Time | Dodgeball | Game Show Night | Indigenous Cultural Night | Science Challenge | | Karaoke Night |
| WEEK 2 (A2) | July 8 | July 9 | July 10 | July 11 | July 12 | July 13 | July 14 | |
| MORNING | ARRIVALS | ESL Testing/Classes | Language Classes | Language Classes | Language Classes | Language Classes | FULL DAY EXCURSION: WHISTLER VILLAGE + PEAK TO PEAK GONDOLA | |
| AFTERNOON | | Tie-Dye T-Shirts <i>Optional: Indoor Rock Climbing</i> | Skills Workshop: Innovation | HALF DAY EXCURSION: Museum of Vancouver + Kitsilano Beach | Skills Workshop: Collaboration | HALF DAY EXCURSION: Park Royal Shopping | | Skills Workshop: Communication |
| EVENING | | Pizza & Movies | Casino Night | Relay Challenge | Drum Circle | Minute to Win It! | | Dance Party |
| WEEK 3 (A3) | July 15 | July 16 | July 17 | July 18 | July 19 | July 20 | July 21 | |
| MORNING | ARRIVALS / DEPARTURES | ESL Testing/Classes | Language Classes | Language Classes | Language Classes | Language Classes | FULL DAY EXCURSION: CULTUS LAKE WATER PARK | |
| AFTERNOON | | Zumba <i>Optional: Downtown Vancouver</i> | Skills Workshop: Empathy | HALF DAY EXCURSION: Capilano Suspension Bridge | Skills Workshop: Global Awareness | HALF DAY EXCURSION: Tsawwassen Mills | | Skills Workshop: Community |
| EVENING | | Pizza & Movies | Pitch Night | Karaoke Night | Game Show Night | Hackathon | | Soccer Match |
| WEEK 4 (A4) | July 22 | July 23 | July 24 | July 25 | July 26 | July 27 | July 28 | |
| MORNING | ARRIVALS / DEPARTURES | ESL Testing/Classes | Language Classes | Language Classes | Language Classes | Language Classes | FULL DAY EXCURSION: GROUSE MOUNTAIN | |
| AFTERNOON | | Card Games <i>Optional: Laser Tag</i> | Skills Workshop: Self-Awareness | HALF DAY EXCURSION: Takaya Outdoor Experience | Skills Workshop: Adaptability | HALF DAY EXCURSION: Metrotown Shopping | | Skills Workshop: Critical Thinking |
| EVENING | | Pizza & Movies | Capture the Flag | Photo Scavenger Hunt | Indigenous Cultural Night | Dodgeball | | We've Got Talent |
| WEEK 5 (B1) | July 29 | July 30 | July 31 | August 1 | August 2 | August 3 | August 4 | |
| MORNING | ARRIVALS / DEPARTURES | ESL Testing/Classes | Language Classes | Language Classes | Language Classes | Language Classes | FULL DAY EXCURSION: VANCOUVER ISLAND, VICTORIA TOUR | |
| AFTERNOON | | Yoga <i>Optional: Indoor Rock Climbing</i> | Skills Workshop: Innovation | HALF DAY EXCURSION: Vancouver Aquarium + Stanley Park | Skills Workshop: Collaboration | HALF DAY EXCURSION: Granville Island | | Skills Workshop: Communication |
| EVENING | | Pizza & Movies | Science Challenge | Game Show Night | Drum Circle | Dance Party | | Minute to Win It |
| WEEK 6 (B2) | August 5 | August 6 | August 7 | August 8 | August 9 | August 10 | August 11 | |
| MORNING | DEPARTURES | Language Classes | Language Classes | Language Classes | Language Classes | Language Classes | FULL DAY EXCURSION: WHISTLER VILLAGE + PEAK TO PEAK GONDOLA | |
| AFTERNOON | | Tie-Dye T-Shirts <i>Optional: Kitsilano Beach</i> | Skills Workshop: Empathy | HALF DAY EXCURSION: Deep Cove Adventures | Skills Workshop: Global Citizenship | HALF DAY EXCURSION: Park Royal Shopping | | Skills Workshop: Community |
| EVENING | | Pizza & Movies | Pitch Night | Relay Challenge | Casino Night | Hackathon | | Karaoke Night |
| | August 12 | | | | | | | |
| MORNING | FINAL DEPARTURES | | | | | | | |
| AFTERNOON | | | | | | | | |
| EVENING | | | | | | | | |

Programme staff will strive to follow the above schedule as much as possible. However, this schedule is tentative and subject to change.

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| leisure time - students can relax, do laundry, work on projects |
| on-campus activities for students, supervised by staff |
| optional activities for students, extra fees apply, supervised by staff |
| evening programme - mandatory participation for all students, supervised by staff |
| included full-day or half-day excursions - mandatory for all students, supervised by staff |