



# CISS at Trinity ACADEMIC & CAREER PREP SCHEDULE

# 2019

## FIRST SESSION

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>WEEK 1</b>	<b>June 30</b>	<b>July 1</b>	<b>July 2</b>	<b>July 3</b>	<b>July 4</b>	<b>July 5</b>	<b>July 6</b>
08:45 - 13:00	ARRIVALS	Course Orientation	Academic English Skills: Writing	University & College Prep: Successful Applications	FULL DAY EXCURSION: NIAGARA FALLS	Future Proofing: Empathy & Collaboration	HALF DAY CAMPUS TOUR: University of Toronto
AFTERNOON	Toronto Orientation Athletic Centre	Self-Reflection: Values Exploration and Self-Expression	HALF DAY EXCURSION: MUSEUM (ROM)	HALF DAY CAMPUS TOUR: Ontario College of Art & Design		Amazing Race Trinity	Colour Wars <i>Optional: City Bus Tour</i>
EVENING	Trinity Welcome Games	HALF DAY EXCURSION: ONTARIO PLACE/TRILLIUM	Casino Night	Trinity Murder Mystery Night		Rez Rest Athletic Centre	Sign-Out Athletic Centre
						HALF DAY EXCURSION: CN Tower	Trinity Minute to Win It!
<b>WEEK 2</b>	<b>July 7</b>	<b>July 8</b>	<b>July 9</b>	<b>July 10</b>	<b>July 11</b>	<b>July 12</b>	<b>July 13</b>
08:45 - 13:00	AT LEISURE	University & College Prep: Study Strategies	Academic English Skills: Mastering Language Tests	FULL DAY CAMPUS TOUR: University of Waterloo and University of Guelph	FULL DAY EXCURSION: CANADA'S WONDERLAND	Future Proofing: Innovation & Adaptability	Career Exploration: Aptitude Testing
AFTERNOON	Chinatown Sign-Out Athletic Centre	Project Planning	HALF DAY EXCURSION: HIGH PARK - PIZZA IN THE PARK			HALF DAY EXCURSION: TORONTO HARBOURFRONT	Arts & Crafts <i>Optional: Art Gallery (AGO)</i>
EVENING	Evening Activities	Decorate Your Door	Movie Night			HALF DAY EXCURSION: RIPLEY'S AQUARIUM	Banquet
<b>WEEK 3</b>	<b>July 14</b>	<b>July 15</b>	<b>July 16</b>	<b>July 17</b>	<b>July 18</b>	<b>July 19</b>	<b>July 20</b>
08:45 - 13:00	AT LEISURE	University & College Prep: Research Methods	Academic English Skills: Professional Communication	Career Exploration: Guest Speaker	FULL DAY EXCURSION: WYE MARSH - CANADIANA	Project Presentations	DEPARTURES
AFTERNOON	Toronto Explorer Sign-Out Athletic Centre	Project Planning	HALF DAY EXCURSION: DOWNSVIEW PARK	HALF DAY CAMPUS TOUR: Ryerson University and George Brown College		HALF DAY EXCURSION: CASA LOMA	
EVENING	Board Games	Music Video Making	Magic Show	HALF DAY EXCURSION: DISCO BOAT CRUISE		Farewell Party	

## SECOND SESSION

	July 21	July 22	July 23	July 24	July 25	July 26	July 27
08:45 - 13:00	ARRIVALS	Orientation	Academic English Skills: Writing	University & College Prep: Successful Applications	FULL DAY EXCURSION: CANADA'S WONDERLAND	Future Proofing: Empathy & Collaboration	HALF DAY CAMPUS TOUR: University of Toronto
AFTERNOON	Toronto Orientation Athletic Centre	Self-Reflection: Values Exploration and Self-Expression	HALF DAY EXCURSION: TORONTO ISLANDS	HALF DAY CAMPUS TOUR: Ontario College of Art & Design		Tie Dye T-shirts	Badminton <i>Optional: Canoe or SUP</i>
EVENING	Ice-Breaker Activities	HALF DAY EXCURSION: BLUE JAYS	Decorate your Door	Sports Night		Rez Rest Athletic Centre	Sign-Out Athletic Centre
						HALF DAY EXCURSION: CN TOWER	Trinity Murder Mystery Night
<b>WEEK 2</b>	<b>July 28</b>	<b>July 29</b>	<b>July 30</b>	<b>July 31</b>	<b>August 1</b>	<b>August 2</b>	<b>August 3</b>
08:45 - 13:00	AT LEISURE	University & College Prep: Study Strategies	Academic English Skills: Mastering Language Tests	FULL DAY CAMPUS TOUR: University of Waterloo and University of Guelph	FULL DAY EXCURSION: NIAGARA FALLS	Future Proofing: Innovation & Adaptability	Career Exploration: Aptitude Testing
AFTERNOON	Chinatown Sign-Out Athletic Centre	Project Planning	HALF DAY EXCURSION: MUSEUM (ROM)			HALF DAY EXCURSION: TORONTO HARBOURFRONT	Art & Crafts <i>Optional: Art Gallery</i>
EVENING	Evening Activities	HALF DAY EXCURSION: DISTILLERY DISTRICT/ SPAGHETTI FACTORY	Capture the Glag			Casino Night	Farewell Party
<b>WEEK 3</b>	<b>August 4</b>	<b>August 5</b>	<b>August 6</b>	<b>August 7</b>	<b>August 8</b>	<b>August 9</b>	<b>August 10</b>
08:45 - 13:00	AT LEISURE	University & College Prep: Research Methods	Academic English Skills: Professional Communication	Career Exploration: Guest Speaker	FULL DAY EXCURSION: WYE MARSH CANADIANA	Project Presentations	DEPARTURES
AFTERNOON	Kensington Market Sign-Out Athletic Centre	Project Planning	Rez Rest Eaton Centre Athletic Centre	HALF DAY CAMPUS TOUR: Ryerson University and George Brown College		HALF DAY EXCURSION: PIZZA IN HIGH PARK	
EVENING	Board Games	HALF DAY EXCURSION: RIPLEY'S AQUARIUM	Game Show Night	HALF DAY EXCURSION: DISCO CLUB		Sign-Out Final Banquet	

Programme staff will strive to follow the above schedule as much as possible. However, this schedule is tentative and subject to change.

- on-campus activities - optional for students, instructed and supervised by staff
- neighbourhood tours or shopping - optional for students, supervised by staff
- local Athletic Centre within walking distance - optional for students, supervised by staff
- evening programme - mandatory participation for all students, supervised by staff
- Included full-day or half-day excursions - mandatory for all students, supervised by staff
- afternoon sign-out - optional for students, rules apply, NOT supervised by staff
- optional activities for students, extra fees apply, supervised by staff