

LEADER IN TRAINING (LIT) ROSSEAU, ON

AGES 16-17 SWALLOWDALE • JULY 10 - JULY 30, 2022



2022

Leadership in motion!



LEADER IN TRAINING (LIT)

AGES 16-17



SESSIONS LENGTH

3 week session
1-3 weeks of an optional add-on practicum component

TAKE THE LEAD THIS SUMMER!

The Leader in Training (LIT) programme is focused on leadership development for youth aged 16 - 17 years old who hope to become future leaders either in a camp or similar educational setting. Participants acquire valuable leadership skills during specialized morning classes, designed to prepare them for their practical sessions. Afternoons offer hands-on experience, as they shadow experienced staff during activity periods. LITs are mentored throughout the programme by senior staff.

THE IDEAL CANDIDATE

- Enthusiastic 16 or 17 year olds with high intermediate to advanced English proficiency (equivalent to IELTS 5.0+)
- Individuals seeking to improve their leadership skills in a camp setting with hands-on experience
- Those prepared to help teach campers various activity skills

SCHEDULE HIGHLIGHTS*

WEEK 2	MORNING	AFTERNOON	EVENING
S	At leisure	Theme Day Activities	Capture the Flag
M	LIT Lessons	Staff Shadowing + Activity Rotations	House Activities
T	LIT Lessons	First Aid Training	
W	LIT Lessons	Staff Shadowing + Activity Rotations	Programme Planning
T	OPTIONAL FULL DAY EXCURSION		
F	LIT Lessons	Staff Shadowing + Activity Rotations	LIT's Evening Programme
S	LIT Lessons	Staff Shadowing + Activity Rotations	Soccer Match

* Sample Schedule - Our team is currently working on schedule options that are safe and healthy in the context of COVID-19. We expect to publish details in Spring 2022.



Camp Activities



Playing Basketball



Getting Ready for Canoeing



Making Fire



Camp Classroom



Tug of War

ACCOMMODATION (SHARED)

- Comfortable residence rooms accommodating 2-8 campers
- Each floor has complete washroom and shower facilities
- Boys and girls are accommodated separately
- Counsellors live in the same residence with campers, providing full supervision
- Bedding and pillow provided
- Weekly laundry service

FACILITIES

- Large, modern classrooms
- Dining hall
- Student lounges
- Art studio
- Indoor gymnasium
- 53-acre lakefront campus
- Extensive waterfront with all equipment for swimming, canoeing, kayaking, and sailing
- 3 - 4 residence houses
- Large playing fields
- Basketball courts

MEALS (FULLBOARD)

- 3 meals + evening snack daily
- All meals are provided in the school's dining hall and feature a wide choice of nutritious and well-balanced meals



CISS Camp

PROGRAMME PACKAGE INCLUDES:

- 2 periods of specialized classes a day, 5 days a week
- 3 periods of supervised practical training, 5 days a week
- Accommodation
- 3 meals daily and evening snack
- Full supervision
- Toronto airport meet and greet + transfer to/from campus
- Emergency medical and dental insurance to \$100,000 CAD
- Laundry service weekly
- Bed linen changed weekly
- CISS T-Shirt
- CISS certificate upon completion of programme

MAIN FEATURES



Shared Rooms



Traditional Camp



Specialty Programmes



Waterfront Location



Leadership

PROGRAMME STRUCTURE

The Leader in Training programme puts the concept of "leadership" into motion by providing participants with a combination of theoretical knowledge and practical hands-on experience in a camp environment.

Morning lessons focus on examining theories, models, and types of leadership. LITs learn various techniques used by educators to lead and support younger children, including strategies for different scenarios that apply to a camp setting.

Afternoons provide LITs with an opportunity to apply their new knowledge, as they assist camp staff in leading various camp activities and organizing different programmes. Participants are sure to leave the programme with new skills and experience that will serve them for lifetime.

- 3 week session
- 10 hours of specialized classes per week
- 1 hour = 60 minutes
- 3 periods daily of supervised practical training while learning to lead and teach activities
- Acceptance is by special application
- LITs work closely with an LIT Coordinator who supervises, guides, and mentors the participants
- First Aid training
- LITs must have a high functioning English proficiency (Equivalent to IELTS 5.0+) as ESL is NOT a component of the programme
- CISS Leader in Training certificate upon completion
- Possibility to extend the experience for 1 to 3 weeks with an add-on practicum component

ACTIVITIES

PRACTICAL TRAINING

In the afternoon, LITs are assigned to work with an activity staff who will provide the LIT with practical lessons on:

- lesson planning
- equipment set-up
- safety planning
- camper supervision
- lesson execution

WATER SPORTS

- Canoeing • Kayaking • Sailing
- Fishing • Swimming • Stand Up Paddleboarding (SUP)

LAND SPORTS

- Archery • Ball Hockey • Fitness
- Outdoor Survival • Soccer

ARTS & MOVEMENT

- Arts & Crafts • Dance • Drama • Yoga
- Guitar (Beginner) • Woodworking

RECREATIONAL PERIOD(REC)

Students have one period a day for recreational activities of their choice. LITs are encouraged to use this time for lesson planning or assisting in classes with other instructors.

EVENING ACTIVITIES:

(may include...)

- Banquet • Campfire • Camp games
- Dances • Sports Challenge
- Talent Show

OPTIONAL EXCURSIONS

- Niagara Falls
- Canada's Wonderland

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