## CISS at TRINITY -ACADEMIC & CAREER PREP

## SCHEDULE2025

3 weeks: JULY 13 - AUGUST 02

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 3	July 13	July 14	July 15	July 16	July 17	July 18	July 19
Morning	ARRIVALS	Course Orientation	Academic English Skills: Mastering Language Tests	University & College Prep: Successful Applications	FULL DAY EXCURSION: WYE MARSH	HALF DAY CAMPUS TOUR: Ontario College of Art & Design	Future Proofing: Empathy & Collaboration
Afternoon		Self-Reflection: Values Exploration and Self-Expression	HALF DAY: CASA LOMA	HALF DAY CAMPUS TOUR: University of Toronto		HALF DAY: RIPLEY'S AQUARIUM	Yoga
							Optional: Outlet Malls
							Sign-Out
Evening	Welcome Activities	BINGO Challenge	Karaoke Night	HALF DAY: DISCO BOAT CRUISE		Banquet	Photo Scavenger Hunt
Week 4	July 20	July 21	July 22	July 23	July 24	July 25	July 26
Morning	AT LEISURE	University & College Prep: Study Strategies	Academic English Skills: Writing for Success	FULL DAY	FULL DAY EXCURSION: CANADA'S WONDERLAND	Future Proofing: Innovation & Adaptability	Career Exploration: Guest Speaker
Afternoon	Chinatown	Project Planning	HALF DAY: ROYAL ONTARIO MUSEUM (ROM)	CAMPUS TOUR: University of Guelph		HALF DAY: TORONTO ISLANDS	Arts & Crafts
	Sign-Out						Optional: Laser Quest
	Athletic Centre						Sign-Out
Evening	Trivia Night	Sports Night	Casino Night	HALF DAY: BLUE JAYS		Dance-off Challenge	Science Challenge
Week 5	July 27	July 28	July 29	July 30	July 31	August 01	August 02
Morning	AT LEISURE	University & College Prep: Mindfulness & Coping with Stress	Academic English Skills: Professional Communication	Project Presentations	FULL DAY EXCURSION: NIAGARA FALLS	Reflection & Debrief	DEPARTURES
Afternoon	Kensington Market	Project Planning	HALF DAY: WET 'N WILD WATER PARK	HALF DAY CAMPUS TOUR: York University		HALF DAY: PICNIC IN HIGH PARK	
	Sign-Out						
	Athletic Centre						
Evening	Board Games	Outdoor Movie Night	Murder Mystery Night	HALF DAY: CN TOWER		70's Disco	

EVENING PROGRAMME - MANDATORY PARTICIPATION FOR ALL STUDENTS, SUPERVISED BY STAFF
INCLUDED EXCURSIONS - MANDATORY FOR ALL STUDENTS, SUPERVISED BY STAFF
NEIGHBOURHOOD TOURS - AFTERNOON OPTION, SUPERVISED BY STAFF
SIGN-OUT - AFTERNOON OPTION, MUST GO IN GROUPS OF 3 OR MORE, UNSUPERVISED
ON-CAMPUS ACTIVITIES - AFTERNOON OPTION, ORGANIZED AND SUPERVISED BY STAFF
OPTIONAL ACTIVITIES FOR STUDENTS, EXTRA FEES APPLY, SUPERVISED BY STAFF

IMPORTANT NOTE: PROGRAMME STAFF STRIVE TO CLOSELY FOLLOW THE ABOVE SCHEDULE. HOWEVER, THIS SCHEDULE IS TENTATIVE AND SUBJECT TO CHANGE.

